



CUT & PASTE POETRY

By Fran Burden

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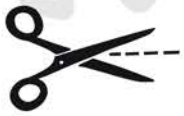
Cut and Paste Poetry

Cut and Paste Poetry is a collaging technique using found words and phrases cut from magazines and newspapers which when rearranged and reassembled create new text pieces. It is a liberating and playful way to explore creative writing and expressive language.

Preparation (to be done in advance if possible)

Using a range of source magazines and other printed material, cut out words and phrases making sure that there is a range of text sizes and typefaces. Parenting and women's lifestyle magazines are great for this.

Materials:



Exercises

Brief intro to Cut and Paste Poetry approx. **5 min**

Exercise lasting approx. **20 / 25 mins.**

- 1) Put all the words collected into a plastic bag and shake to mix, then ask everyone to take a small handful.
- 2) Spread the words out in front of you and spend some time looking and thinking about them.
- 3) What do you want to say? ... think about how you could use the given words to say it.
- 4) Arrange and rearrange in your journal but do not stick until you have finalised your piece. Be creative in how you place it on the page.

Sharing

Use the final half hour of the session for sharing your poem with the group.

Each member to read their piece. **30 mins**

Or share online using: [#maternaljournal](#)



30-40 Mins



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