



CoMiCs

By Kate Evans



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Comics

A cartoon is any drawing combined with text. A comic is a sequence of these pictures. It's a very simple, accessible way to create art and transmit meaning. You do not have to be 'good at drawing' to draw comics – some professional cartoonists draw stick figures. There is a strong tradition of women creating autobiographical comics*.

Materials:



Exercises

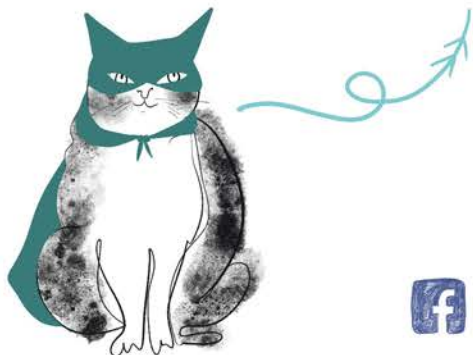
Some ideas to play with:

- Create a character that expresses how you feel. You could try an [animal alter ego](#).
- Document a recent event in your life that evoked strong emotions. It could be funny or it could be poignant.
- Comics are a great opportunity to pretend you said what you wished you said at the time!

Tips:

- You can sketch out the artwork in pencil, and then go over it in pen.
- If you use speech bubbles, write the words first and then draw the bubble around the outside.
- If you enjoy creating more detailed artwork each page of your journal could be a single frame.

After **30 minutes** of brainstorming and scribbling, come together and discuss your ideas. Or share online using: [#maternaljournal](#)



*See the work of AK Summers, Lynda Barry, Rachael Ball, Katie Green, Sarah Lightman, Thi Bui, or me, Kate Evans.



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